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Перевести текст:

Eating out in Moscow

Some years ago it was rather difficult to find a place for eating in Moscow. There were few canteens, cafes and restaurants where people could have lunch, dinner or a snack. But Moscow has changed. Nowadays there are a lot of different places here where we can eat decent food at reasonable price and take someone for lunch on business.If you want to eat on the run, you should go to a fast-food restaurant: McDonalds, "Russian Bistro" or Pizza Hut. They are very popular now.

The first Russian-Canadian restaurant McDonalds was opened in 1990. Nowadays there are a lot of them in our city and everyone has experienced the dishes there. The service is quick: you enter the restaurant, come up to the counter, make your choice, pay the money, take the tray with your dishes and occupy any vacant table. The menu card offers you single or double hamburgers, cheeseburgers, fillet of fish, fried crisp potatoes. For a drink, you can order cooling beverages -- "Coca-Cola", "Fanta", "Sprite", tea or coffee. If you are in a hurry, you can have a snack in a bar. There are many kinds of bars in Moscow: snack bars, express bars, milk bars, beer bars.Besides, if you are hungry but have too little time for eating, you can take a quick bite in a cafe "Russian Bistro" or "Russian Bliny".But if you seek the gastronomical experience of your life, you should go somewhere else. There are hundreds of restaurants in Moscow to satisfy everyone's taste — from traditional Russian food to the finest of French wines and delicacies of the Far East.

The Russian people have always been gourmets. Moscow famous restaurants were reborn in our time. One can again visit "Yar" or "Metropol". Many new restaurants keep the old traditions of the Russian cuisine and hospitality. Each restaurant has its specialties of the house.In European, American and oriental restaurants of Moscow you can order international dishes although each restaurant as a rule specializes in one of the national cuisines.The French cuisine has had the leading role in Moscow homes and restaurants since Peter the Great's times. In today's Moscow you can find a classical choice of French dishes at the art restaurant "Nostalgic". The restaurant has a vast wine list and a sommelier to help you make the right choice.Italian cuisine in Moscow is one of the most popular. Speaking about Italian cuisine, it is impossible not to mention the beloved pasta and the internationally popular pizza. Best Moscow restaurants, "Pizza Express" for example, offer you a great choice of pasta with different sauces ? well as many pizzas — Neapolitana, 4 Seasons, Margarita, which became Muscovites' favourites.North America cuisine is also very popular in Moscow. The main food for modern Americans and Canadians is vegetables and fruit salads. Steak-house restaurants are proud of meat dishes. The leading dish here is American steak.If you are interested in the culinary arts of Indochina, you" have to visit popular Chinese, Japanese or Korean restaurants. The people of Indochina eat practically every kind of food, but in the culinary art they don't use European dairy products. They almost never use salt but they use soya sauce, rice wine, sesame oil and starch diluted in water as dressings.It is impossible to describe all the variety of delicious dishes of different countries. Our advice is to visit these restaurants and taste everything yourself.